

## Introduction to Volunteers

We need volunteers to help us to make some new services available for people who live in the local area.

St Johns Centre wants to become an excellent resource for the local community. Already there are a number of registered organisations providing support in very specialist's ways and the Centre management want to fill up the gaps in those offers. At present we have an under 5's preschool, an afterschool club, health resources and a dance academy for all ages and a number of exercise groups. The gaps we have identified as a priority for 2019 are Over 50's and young people.

On a Tuesday we run an over 50's luncheon club. Where three very dedicated volunteers prepare meals and look after all the people who come along. There is an exercise group to get the appetite going, lunch and then an afternoon activity. We need more support. There is lots to do on this day, practical things like washing up and preparing the hall. But we also need volunteers who will just take the time to sit and talk or play games (they like dominoes) with the participants, building relationships in the community and hopefully some lifelong friendships.

Other volunteer activities during the week could include helping to prepare programmes, administration support, photographic support and many more things. We need to have the volunteers first thought, bit of a chicken and egg situation. We would love to have a youth club at the centre but until there are the appropriate volunteers to run this it will not happen.

So if you are interested in providing volunteer support and becoming a member of our team we would welcome you with open arms.

Please get in touch and we will help you to support the local people and to help us.